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Your essential daily news | TUESDAY, MAY 19, 2015

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Greatest gratitude

Senators owner Eugene Melnyk is thanking the public for its support in the "biggest battle" of his life — his urgent appeal for a liver. Story, **metroSPORTS**, FRED CHARTRAND/THE CANADIAN PRESS FILE

Classes to go on amid strike action

UNION

High school teachers will picket during lunch hours



Haley Ritchie
Metro | Ottawa

High school teachers at the Ottawa-Carleton District School Board will join their elementary school colleagues in a partial strike starting this Thursday.

Teachers at the public high schools will picket voluntarily at lunchtime, not attend staff training and not write report-card comments.

Paul Elliott, president of the Ontario Secondary School Teachers' Federation, said the union chose work-to-rule instead of a full walkout because of progress made by other school boards.

Classes have been completely cancelled at the three school boards — Durham County and Peel in Southern Ontario and Rainbow District in Northern Ontario — where the union has been in a month-long walkout.

The OSSTF announced on Sunday that it will be returning to bargaining talks, but the strike action will continue.

During the partial strike in Ottawa, classes will continue as normal on Thursday and extracurricular events and field trips won't be cancelled.

The decision is a relief for many parents, but a few Ottawa-area teens took to Twitter over the weekend to voice their disappointment that classes would continue.

"The school district remains committed to negotiating fair and fully funded collective agreements with all of our employee groups," reads a release sent out by the school board on Friday.

DETAILS

Three Ontario school boards are asking the Ontario Labour Relations Board to rule that striking high school teachers in the Durham, Peel and Rainbow District school boards have walked out illegally over issues like class size and prep time, issues which are actually bargained at province-wide central tables.

The provincial government has questioned the legality of the full strikes and is preparing back-to-work legislation if it gets approval from the Education Relations Commission of Ontario.

That ruling won't affect the Ottawa teachers because they are only in partial withdrawal of services, which doesn't affect the students' school year.



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Fallen soldier inspiration for emotional tribute song

MUSIC

Dean Brody impacted by life, death of Nathan Cirillo



Lucy Scholey
Metro | Ottawa

Like many Canadians, Dean Brody could only think about the family of Cpl. Nathan Cirillo on that tragic day in October.

Brody was on a layover in New York while travelling to Nashville, Tenn. on Oct. 22, 2014, when he heard about the reservist who was shot dead while guarding the National War Memorial.

The next night, after the award-winning country musician finished a recording session, he sat at the kitchen table alone.

"I started thinking about the little boy losing his dad that way," he said.

Forty minutes later, Brody had written a tear-stained tribute to Cirillo and his family. That song is called Footprints of a Giant and it appears on his new record, Gypsy Road.

But Brody may never perform the song again — not even when he comes to Ottawa for a show that's just days



Canadian country musician Dean Brody will perform with Paul Brandt at the Canadian Tire Centre on Oct. 19. COURTESY MARGARET MALANDRUCCOLO

before the first anniversary of the shooting.

"It's just a song that will live on the record," he said. "It's just out of respect for Nathan's

family."

Apart from the emotional tribute, Gypsy Road is a collection of Brody's most upbeat and energetic songs to date, which

may seem odd given he moved from the hustle and bustle of Nashville to the more laid-back lifestyle of Chester, N.S.

"When I was in Nashville, I

“It's just a song that will live on the record. It's just out of respect for Nathan's family.”
Dean Brody

was part of the machine, going and meeting with a new person every day, writing ... almost like a production line," he said. "I burned out really fast. After two years, I didn't want to write a song anymore."

Away from that machine, Brody said he has been able to "open up creatively," writing songs from home while caring for his two children, aged seven and 15, with his wife Iris. With several Canadian Country Music Association and Juno awards to his name, Brody picked up a ukulele for the first time recording this album.

His seven-year-old daughter, who's taking lessons from Juno award-winning plucker Kim Barlow, inspired his uke foray.

"I know three chords and I can do those three chords OK," he joked.

In another first for Brody, he's teaming up with fellow Canadian country musician Paul Brandt for a cross-country tour. The pair will perform at the Canadian Tire Centre on Oct. 19.

COMING UP THIS WEEK

What's on at city hall

The environment committee, transit commission and community and protective services committee will be meeting:

1 Hydro rate change

This morning, starting at 9:30 a.m., the committee will be going over last year's waste water compliance report. Councillors will also consider a report recommending that the city look at changing hydro rates.

2 Bus report

On Wednesday at 9:30 a.m., councillors will have a look at the OC Transpo's recently released annual performance report for last year. That report showed ridership was slightly down and buses weren't always on time. City councillors will also take a look at advertising standards on buses. In 2009, the city changed its policy to allow both religious and political ads. This year, staff is proposing no change to the advertising standards.

3 Social assistance programs and the future of taxis

On Thursday at 9:30 a.m., the community and protective services committee will be meeting to go over the Ottawa Paramedic Service's annual report and the new software used to manage social assistance programs. The committee will also be asked to approve a "comprehensive review" of the city's taxi regulations, including recognizing "new hailing technologies and transportation-for-a-fee service models." Controversial ride-share app Uber isn't mentioned in the report, but it's likely to come up in discussion.

HALEY RITCHIE/METRO

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WELLINGTON

Sights set higher for condo

It's back to the drawing board for the condo developer trying to exceed the height limit for a new building at 1445 Wellington St.

The controversial development went before the Ontario Municipal Board last week.

The board rejected the proposed plan for a 12-storey condo building, but offered Mizrahi Developments a second chance if it could propose a "landmark" building.

"I was very pleased with the decision and it allows for us to evolve the design," said Sam Mizrahi, president of Mizrahi Developments. "We're not going with the nine storey. It doesn't work, and the OMB also recognized that."

Kitchissippi ward Coun. Jeff Leiper criticized the OMB's vague wording around the idea of a "landmark" building.

"There's a lot of words there that can be very subjective," he told Metro last week when the decision was released.

"We're in dangerous territory. The board has opened the door to greater height if the building can be redesigned as a landmark."

Mizrahi told the board the extra height was necessary to make the building profitable.

"We'll be coming back to the OMB with a much more iconic top to the building, something that's timeless," said Mizrahi, giving the Supreme Court building as an example of landmark architecture in the city.

"We had compromised on that top because we didn't want to emphasize the height. This allows us to do what we wanted to do from Day 1, which is create an iconic structure and an iconic building."

The developer has 90 days to submit a new building proposal to the OMB. **HALEY RITCHIE/METRO**

Owner vows he'll reopen cannabis vapour lounge

BUSINESS

City shut down Montreal Road's BuzzOn late last week



Joe Lofaro
Metro | Ottawa

The owner of Ottawa's first-ever cannabis vapour lounge is accusing the City of Ottawa

of using a "strong-arm tactic" to shut down the business on Friday, after serving it with a cease-and-desist order and a \$3,000 fine.

Wayne Robillard, 51, told Metro on Monday the city moved a May 25 deadline up to this past Friday with no advance notice to zone the business as an A2 establishment, which he says would limit capacity and enforce stricter operating rules.

"I'm not sure how they can legally just move something up like that. And of course they

conveniently did it on the Friday of a long weekend," said Robillard.

"We had a birthday reservation — our first-ever — for 16 to 20 people for Sunday. We were excited about that."

The city said in a written statement the action was taken from a safety perspective in order for BuzzOn to meet the requirements set out in the Building Code.

The business opened on April 20 — also known as 4/20, a day when people gather to celebrate

and consume cannabis — and has been in the city's crosshairs ever since.

Mayor Jim Watson said he was "not impressed" when it opened on Montreal Road last month and that "it's the last thing this city needs."

Ottawa police visited the lounge but did not lay any criminal charges.

BuzzOn's lawyer and the city's bylaw department have been in talks for weeks to negotiate the zoning request, according to Robillard.

"Obviously, it was their intention to shut us down regardless of what we were negotiating," he said.

The owner is expected to meet with his lawyer Tuesday to discuss how to fight the rezoning, but he vows to keep the business afloat.

He used the company's Facebook page to vent his frustration at the city over the weekend. In a post on Saturday, he told his fans on Facebook, "It is our intent to reopen BuzzOn as soon as possible!"



VICTORIA DAY PLAY BALL Brianna Miller catches a baseball in Major's Hill Park on Monday. Others in the park who took advantage of the nice weather on Victoria Day read books under trees or took in the sights of Gatineau. Monday reached a high of 29 C, according to Environment Canada. **JOE LOFARO/METRO**

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Austrian modern-folk group Federspiel takes traditional folk songs and makes them new. The band will be performing during Austria Week May 19-27. MARIA FRODL

Celebration shines light on Austria

CITY EVENTS

Music, film the centrepiece of society's 50th anniversary



Haley Ritchie
Metro | Ottawa

Ottawa's German-themed Octoberfest might have the bigger profile, but this week it's the culture of neighbouring Austria that will be on display in the city.

Music, film and architecture events are planned May 19-27 for Celebrate Austria, an event to commemorate the 50th anniversary of the Austrian Canadian Society in Ottawa.

"Austria is always immediately associated with music. We tried not to only showcase music, but you can't really get around it," said the Austrian

embassy's Ulrike Butschek.

One of the groups performing is modern-folk band Federspiel, who take inspiration from traditional Austrian songs.

"There's a strong trend at the moment by the young generation picking up the traditional, which may have been considered outdated 25 years ago, and enriching it with their personal creativity," Butschek said.

Other events include a German-language film screening, a jazz concert with Austrian musicians and an invite-only embassy garden party.

Mayor Jim Watson will be participating with a speech and will be awarded a traditional Austrian hat for his work in the community.

"It's a traditional hat made of felt. Think Sound of Music," Butschek said, referring to the 1965 film starring Julie Andrews and Christopher Plummer. "He'll be getting one of those."

There's a strong trend at the moment by the young generation picking up the traditional ... and enriching it with their personal creativity.

Ulrike Butschek, Austrian embassy

NEWS WRONG-WAY COLLISION LEAVES ONE DEAD

Two people from Ottawa in hospital

A 28-year-old Laval, Que., man is dead and two people from Ottawa are in hospital after a wrong-way collision on Highway 50 near Gatineau, Que.

Quebec provincial police Sgt. Marc Tessier said the Ottawa man and woman were in a vehicle with a small child at about 6 p.m. Sunday, when it drove into oncoming traffic. It happened

in L'Ange-Gardien, Que., about 25 kilometres east of Gatineau.

Tessier said the vehicle struck a car head-on and the driver of the car was later pronounced dead in hospital.

The man and woman from Ottawa remained in hospital in the Ottawa region with serious but non-life-threatening injuries. The child was released from hospital with minor injuries.

Tessier said police were waiting for the condition of the man and woman to stabilize so they could speak with them. THE CANADIAN PRESS

Family displaced after Monday morning blaze

A family of four has been forced to leave their home after a fire broke out early Monday morning.

Ottawa Fire Services spokesman Capt. Marc Messier tweeted the fire on

Wild Cherry Drive in the village of Osgoode — about a 40-minute drive from downtown Ottawa — caused \$200,000 in damages to the home.

Messier said a smoke alarm woke a family member. He said everyone managed to get out of the smoke-filled home without any injuries.

Ottawa Fire Services were investigating the cause of the blaze. METRO

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FESTIVAL STOP AND SMELL THE TULIPS A couple walks by a bed of tulips at the National War Memorial on Monday, which marked the last day of the Canadian Tulip Festival. The festival also marked a milestone year — its 70th anniversary — celebrating Canada's relationship with the Netherlands following the liberation of the European country in 1945. Alt-rock bands Hot Jupiter and Bitter North closed the festival with live shows at Commissioners Park. **JOE LOFARO/METRO**

City seeks taxi review

COUNCIL

Consultant to examine taxi and limousine regulations



Joe Lofaro
Metro | Ottawa

The city is looking to hire a consultant to take a closer look at taxi and limousine regulations — including the emergence of popular ride-sharing services like Uber.

But don't expect the findings any time soon. City councillors will have to wait until next year for the results of the review, which will only come after consultations with the public and key stakeholders.

The Community and Protective Services Committee will table a report on Thursday recommending the review go ahead based on the guiding principles

of public safety, accessibility and consumer protection.

Funding for the project is being considered under the city's Strategic Initiatives this summer.

Part of the review would evaluate the taxi and limousine industries in terms of wait times, the formula for establishing fares, the average cost of a fare and their ability to service all neighbourhoods in Ottawa.

Staff recommended in the report that the review look at all options to restructure taxi plate fees; prevent taxi plates from being transferred unless they are made accessible; and have a commission paid to the city when taxi licences are transferred.

The staff report also calls for the consultant to conduct a "review and analysis of emerging technologies and alternate service models," such as Uber.

The U.S.-based ride-sharing company launched in Ottawa last October but was met with much criticism from the city and taxi operators because its independent drivers do not have taxi licences.



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Human-rights suit filed over medical marijuana

COURTS

Student denied permission to smoke prescribed pot

Michael Wileniec used to walk across the street from his Saskatoon high school several times a day and hang out with the rest of the smokers, although he was the only one puffing on prescribed medical marijuana.

His routine ended earlier this year when school officials told him he could not smoke prescribed weed on school grounds, nor could he attend classes while under its influence. Wileniec fought the ruling before the school board and lost.

"We got a reply back from the superintendent saying there's no need for medical marijuana in the school and that a student under medical marijuana is a safety hazard," the 21-year-old said.

Wileniec has filed a human-



Michael Wileniec has a prescription for medical marijuana due to a rare bone disease. LIAM RICHARDS/THE CANADIAN PRESS

rights complaint, and lawyers believe he's the first student in Canada to do so.

The case is not likely to be settled by the time Wileniec graduates from Nutana Collegiate at the end of June. But he says it's an important fight that he'll continue for others.

Wileniec was seven when he

was diagnosed with hereditary multiple exostoses, a disease in which benign tumours grow on his bones and into his joints, often pinching nerves. He's in constant pain.

Medical treatments have delayed his progress. That's why he enrolled three years ago at Nutana, a community school

that focuses on academic upgrading and career training. It was around that time that his doctor gave him a prescription for medical marijuana. Wileniec says pot works better for him than painkillers, dulling the agony while allowing him to focus on classwork.

The school was OK with it at first, Wileniec says, provided he smoked off grounds. But when he took an 18-month hiatus to have his left leg lengthened, a painful process involving screws, he returned to find new officials and new rules.

His lawyer, Heather Funk, says it's obvious her client is being discriminated against, since other students are allowed to take medications at school. Wileniec's family had suggested he use a vaporizer in the nurse's office, making the marijuana virtually odourless. The school said no.

A spokeswoman with Saskatoon Public Schools says the division addresses medical needs on a "case-by-case basis."

THE CANADIAN PRESS

SAUDI ARABIA

Canada urged to speak against cluster bombs

Canada has an obligation to publicly warn Saudi Arabia, its military partner in an ongoing bombing campaign in Syria, to refrain from using banned cluster bombs, say advocates who campaigned against the weapon.

The issue has come to light because of a report earlier this month by the U.S.-based group Human Rights Watch that said a Saudi-led coalition may have used the banned weapons while bombing Shiite rebels in Yemen.

Canada and Saudi Arabia, along with the United States, are among the half-dozen countries in another coalition that is currently engaged in bombing mis-

sions against the Islamic State of Iraq and the Levant (ISIL) in Syria.

Regardless of Canada's activities in Syria, it has an international legal obligation to speak out because it ratified the United Nations treaty to ban cluster bombs, said Steve Goose, the head of the arms division of Human Rights Watch.

"They could have done a demarche or something," said Goose, referring to the use of a standard, behind-the-scenes diplomatic notice. But that would not have been enough, he added.

"Publicly speaking out is the best way to do this because that's how you stigmatize the weapon."

THE CANADIAN PRESS

IN BRIEF

Navy shopping on eBay

Newly released government records show that navy mechanics in Halifax had to scour the Internet and use eBay to find parts for one of its two supply ships.

But the briefing notes, prepared for navy commander Vice-Admiral Mark Norman,

show the technicians were fighting a losing battle to keep HMCS Preserver on duty. The documents show many of the parts on the ship were "beyond acceptable limits" because corrosion issues had begun to compromise the vessel's structural integrity. THE CANADIAN PRESS



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HEALTH

Kids with non-urgent issues flood ERs

Every emergency department doctor who treats children has probably had conversations that started with: "I'm pretty sure he's fine, but..." or "I know I shouldn't be here, but..."

A tally done by the Children's Hospital of Eastern Ontario found that roughly 45 per cent of the 72,500 kids who were seen in the emergency room in the last fiscal year had health problems that were of "low acuity." That means they

were not urgent or severe.

Many of those children could have — and should have — been cared for by family doctors or at walk-in clinics, says Dr. Ken Farion, an emergency medicine physician.

The Ottawa-based hospital is trying to educate parents on the appropriate use of the emergency department.

"Where five or six years ago we would have seen about a third of our patients would

have been lower acuity, we're now seeing 45 per cent," Farion said.

"We need families to make a different choice to protect this resource for the children who clearly need to be here."

CHEO gives parents a brochure with some guidelines.

For example, fever in a normally healthy child who has been vaccinated and who appears playful when the temperature is brought down by drugs can be

seen by a family doctor. Fever in an infant (under three months) or in a child who appears hard to wake should lead to the ER.

Minor head injuries with no loss of consciousness, confusion or vomiting can be seen by a family doctor or at a walk-in clinic. Head injuries involving loss of consciousness, confusion and repeated vomiting, or that require stitches, should be seen in the emergency department. THE CANADIAN PRESS



A YouTube user who goes by the name Wize Hop is known for his train hopping videos. HANDOUT/THE CANADIAN PRESS

New hobos on the road — and online

VAGABOND FORUM

Community shares tips on hitchhiking, hopping trains

Eric St. Pierre may not have been an obvious candidate for the hobo life. Growing up in Windsor, Ont., he spent every waking minute outside of high school online, playing World of Warcraft or scrolling through message boards.

He's always had wanderlust. At 15, he became obsessed with the idea of walking across Canada and begged friends to come with him. The plans fell apart, his friends grew up and they went to university or got full-time jobs.

St. Pierre felt stuck. At 21, he was spending his days answering phones in a FedEx office and crashing at home every night, drained of energy or inspiration.

"I went into a pit of depression. I couldn't sleep very well, getting up two or three times a night," he recalled. "I could hardly look people in the eye."

Then he came across an Internet forum thread about vagabonds. Intrigued, he clicked through and found Squat the Planet, an online community filled with tips on safe ways to train hop, hitch rides and sleep outdoors.

One day, he asked his dad to drop him off at a truck stop. His life as a hobo had begun.

St. Pierre is one of many young Canadians who are dropping out of the 9-to-5 life and hitting the road to work odd jobs, dumpster-dive and sleep under the stars. But while vagabonds of generations past stayed connected through a secret code scratched on walls, today's hobos are turning to iPhones, Tumblr and Facebook.

"Never, ever, ever in our history have we been anti-technology," said Huck, a U.S. train hopper who asked that his real name not be used.

"When freight trains were invented, hobos were the first ones to jump on 'em, and when automobiles were invented, we were sticking out our thumbs for rides."

Huck is the founder of /r/vagabond, a reddit community for hobos to share photos and advice about living on the road.

The forum has grown rapidly from 500 to 10,000 members in the past year, according to Huck.

Many outsiders are surprised to learn that homeless travellers use the Internet and smart phones. But Huck pointed out that it's pretty cheap to buy a used cell and a package of prepaid minutes. Even those who don't have phones can pop into a public library to use Google Maps or Craigslist, he said.

THE CANADIAN PRESS

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Police on alert after shootout

WACO, TEXAS

Authorities have received threats since making arrests

Police were on alert Monday for any retaliatory attacks after a chaotic shootout between rival biker gangs left nine people dead and at least 18 more wounded outside a Texas restaurant.

Waco police Sgt. W. Patrick Swanton said authorities had received threats against law enforcement "throughout the night" from biker groups and stood ready to confront any more violence resulting from Sunday's gunfire.

"We have a contingency plan to deal with those individuals if they try to cause trouble here," Swanton said at a news conference.

About 170 people were arrested on charges of engaging in organized crime. Earlier, Swanton said 192 people had been arrested but later revised that number downward.

The shootout erupted shortly

after noon at a busy shopping centre where members of at least five rival gangs had gathered for a meeting, Swanton said.

Preliminary findings indicate a dispute broke out in a bathroom and escalated to include knives and guns. The fight eventually spilled into the restaurant parking lot.

"I was amazed that we didn't have innocent civilians killed or injured," Swanton said.

The interior of the restaurant was littered with bullet casings, knives, bodies and pools of blood, he said.

Authorities were processing the evidence at the scene, south of Dallas. About 150 or 200 bikers were inside during the shootout.

Parts of downtown Waco were locked down, and officials stopped and questioned motorcycle riders.

Agents from the FBI and the federal Bureau of Alcohol, Tobacco, Firearms and Explosives were assisting local and state authorities.

Police and the operators of Twin Peaks were aware of the meeting in advance and at least 12 Waco officers in addition to state troopers were outside the



Authorities investigate a shooting in the parking lot of a Twin Peaks restaurant in Waco, Texas on Sunday. The shootout killed nine and left at least 18 more wounded. JERRY LARSON/THE ASSOCIATED PRESS

restaurant when the fight began, Swanton said.

Officers shot armed bikers, he said.

It was not immediately clear whether any of the nine dead were killed by police. The identities of the dead have yet to be

made public.

McLennan County Sheriff Parnell McNamara, whose office is involved in the investigation,

+ CHARGES

About 170 gang members were charged with engaging in organized crime and are each being held on a \$1 million bond. Authorities say charges of capital murder are expected in the wake of the Waco shooting.

said all nine who were killed were members of the Bandidos or Cossacks gangs.

In a 2014 gang threat assessment, the Texas Department of Public Safety classified the Bandidos as a "Tier 2" threat, the second highest. Other groups in that tier included the Bloods, Crips and Aryan Brotherhood of Texas.

The Texas assessment does not mention the Cossacks.

There's at least one previously documented instance of violence between the two groups. In November 2013, a 46-year-old from Abilene who police say was the leader of a West Texas Bandidos chapter was charged in the stabbings of two members of the Cossacks club. THE ASSOCIATED PRESS

SOUTHEAST ASIA

Ordinary people rush to help migrants

For hundreds of migrants stranded at sea in sinking boats, the first helping hand came not from governments but from fishermen who towed them to safety.

The desperation of migrants from Myanmar and Bangladesh has not compelled neighbouring countries to take them in, but has inspired compassion from ordinary people across Southeast Asia.

Sympathetic Malaysians have launched donation drives to help feed migrants who have flooded ashore in the past two weeks.

In Indonesia, where fishermen rescued three boats last week and saved 900 lives, officials have

66

We have to help them, because they are our brothers.

Hayaturrehman Djakfar

appealed to villagers not to get too close to the migrants. But villagers have ignored the orders. Hundreds have thronged the two warehouses where the migrants have been housed since their Friday arrival, bringing rice, clothing and meals.

"We have to help them, because they are our brothers,"

said Hayaturrehman Djakfar, who came with a group that donated headscarves, children's clothes and food. "And because they are struggling for a better life and protection."

Aid groups estimate that thousands more migrants are stranded in the Andaman Sea after a crackdown on human traffickers prompted captains and smugglers to abandon their boats. However, the stance of Southeast Asian governments remains unchanged — none want to take the migrants in, fearing it would result in an unstoppable flow.

THE ASSOCIATED PRESS

FOREIGN POLICY

EU plans to target human traffickers

European Union nations approved plans Monday for a naval operation to go after the human trafficking networks that are sending thousands of migrants weekly across the Mediterranean toward Europe or to their deaths. NATO said it stood ready to help out if needed.

EU foreign policy chief Federica Mogherini said she expects the operation to be fully launched next month after Britain, France, Italy and other nations pledge military equipment.

More than 10,000 migrants have been picked up alive from Mediterranean waters in re-

cent weeks as they attempted to enter Europe from Libya. The International Organization for Migration estimates that nearly 1,830 migrants have died on the sea route this year compared to 207 in the same period last year.

The first phase of the EU plan centres on intelligence gathering and surveillance of smuggling routes leading from Libya to southern Italy and Malta. After that, EU ships would start chasing and boarding the

1,830

The number of migrants who have died on the sea route this year.

smugglers' boats in a second phase. The 28-nation bloc is still seeking a UN resolution that would give them full legal protection as they destroy the smugglers' boats in a third phase of the plan.

Despite the show of unity, the EU showed increasing divisions on the plan for mandatory quotas for member states to take in refugees, with Spain now joining France, Britain and Hungary speaking out against it.

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Iffy stem-cell procedures flourish across the U.S.

HEALTH

Unproven methods are outpacing regulation

More than 170 clinics across the U.S. are selling experimental stem-cell procedures for dozens of diseases and conditions — a mushrooming industry that has flourished despite little evidence of its safety or effectiveness.

The rise of the U.S. stem-cell industry illustrates how quickly fringe medicine can outpace government oversight. Over the last five years, academic stem-cell researchers have watched in dismay as doctors treat patients with experimental techniques that they say could take years, if not decades, to become sound medicine.

"It's sort of this 21st-century cutting-edge technology. But the way it's being implemented at these clinics and how it's regulated is more like the 19th century. It's a Wild West," says Dr. Paul Knoepfler, a stem-cell researcher at the University of California at Davis.

In 2010 there were only a handful of doctors promoting stem-cell procedures in the U.S., mainly plastic surgeons promoting "stem-cell facelifts" and other cosmetic procedures. But today there are clinics throughout the country promoting stem cells for dozens of conditions and diseases, including Alzheimer's, arthritis, erectile dysfunction and hair loss.

The cost of these procedures is high, ranging from \$5,000 to \$20,000. Many of the businesses are linked in large, for-profit



Dr. Mark Berman of the Cell Surgical Network collects fat from a patient's back as part of an experimental stem-cell procedure, in Beverly Hills, Calif. RAQUEL MARIA DILLON/THE ASSOCIATED PRESS

chains that offer doctors the chance to join the franchise after taking a seminar and buying some equipment.

The largest of these chains is the Cell Surgical Network, co-founded in 2012 by Dr. Mark Berman, who spent 30 years as a Beverly Hills plastic surgeon before working with stem cells.

His company offers stem-cell procedures for more than 30 diseases and conditions, including Lou Gehrig's disease, multiple sclerosis and arthritis. He and his partner adapted

“It's sort of this 21st-century cutting-edge technology. But the way it's being implemented ... is more like the 19th century.”

Dr. Paul Knoepfler, stem-cell researcher

technology from Asia into a liposuction-based procedure in which fat is pumped out of patients' abdomen, processed with drugs and equipment and then injected back into the body. Berman says this fat-based "soup" is rich in shape-shift-

ing stem cells that have the potential to treat everything from neurological diseases to achy joints.

The clinics insist that their treatments are safe but routinely require that patients sign waivers. THE ASSOCIATED PRESS

PAINKILLERS

DIY drug sparks concern

Scientists have figured out all the steps to make morphine and similar painkillers without using opium poppies, opening the door for home-brewed drugs and potential abuse.

While no one has yet reported making morphine in the laboratory from scratch, some experts are calling for regulations to prevent garage tinkerers from making do-it-yourself drugs.

Society needs to "think this through now, before it becomes a reality," said bio-engineer John Dueber of the University of California, Berkeley, who led a team that discovered the final missing link of the process.

Poppy plants have been farmed for centuries for opium, from which morphine is derived. The controlled substance is often used before and after surgeries to relieve severe pain.

For the past decade, groups of researchers have hacked the DNA of yeast to mimic poppies, in hopes of creating cheaper and less-addictive pain relievers. So far, the yeast strains created can only perform the last steps of a long process that can lead to morphine and other narcotic drugs.

The UC Berkeley team discovered the missing piece — the first step in the process — and published the findings yesterday in the journal *Nature Chemical Biology*.

The genetically engineered yeast was able to convert sugar to a chemical that's a precursor to morphine.

Experts said it's still extremely difficult for people to make homemade morphine because the process is inefficient. Even scientists are years away from lab-made morphine that's strong enough to treat pain.

THE ASSOCIATED PRESS

+ EVIDENCE

Stem-cell treatments

Stem cells have long been recognized for their ability to reproduce and regenerate tissue. And while there are high hopes they will someday be used to treat a range of debilitating diseases, critics say stem-cell entrepreneurs have little more than anecdotes to support their offerings.

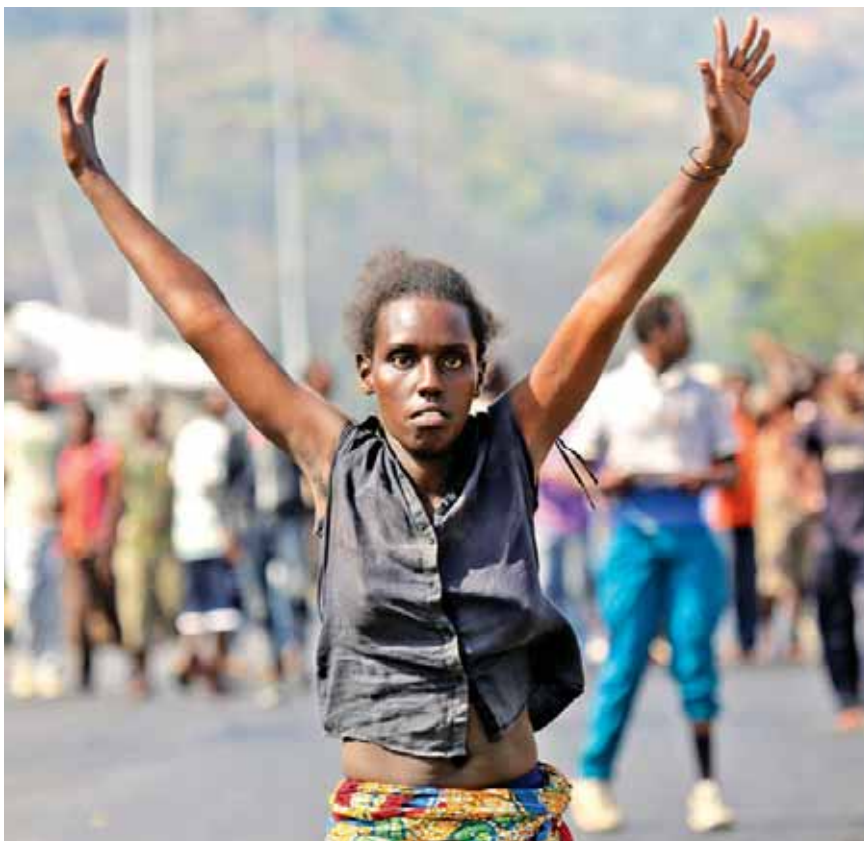
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PROTESTS IN BURUNDI **ARMY CALLED IN** A woman raises her hands faced with soldiers in the Musaga neighborhood of Bujumbura, Burundi, Monday. The army was deployed to quell street protests against the president's bid for a third term. Last week's attempted coup collapsed when loyalist army troops overwhelmed the rebels. JEROME DELAY/THE ASSOCIATED PRESS

Officers acquitted in 2 teens' deaths

FRANCE

Ruling in deaths of black Arab boys raises fear of violence

A French court on Monday acquitted two police officers accused of contributing to the deaths of two minority teenagers in a blighted Paris suburb a decade ago — a long-awaited verdict that crushed the boys' families and raised fears of possible violence like that seen recently in the U.S.

The deaths of 15-year-old Bouna Traore and 17-year-old Zyed Benna prompted weeks of riots across France in 2005, exposing anger and resentment in neglected, crime-ridden suburban housing projects.

The two boys, chased by police, entered a power substation in the Paris suburb of Clichy-sous-Bois to hide and were electrocuted. A third boy survived the powerful

20,000-volt electric shock with severe burns.

On Monday, the court in the western city of Rennes ruled that officers Sebastien Gaillemain and Stephanie Klein were not responsible. Neither had a "clear awareness of grave and imminent danger" as required by French law, said Judge Nicolas Leger.

Moments after the verdict was read, a young woman rose in the back of the courtroom and shouted: "The police above the law, as always."

"You are responsible!" shouted Zyed's brother Adel at the two police officers, just a few metres away.

Bouna's brother Gaye told The Associated Press, "I have a sense of impunity, of injustice, and disgust."

Activists called for protests at courthouses across the country.

The mood in the streets of Clichy-sous-Bois on Monday afternoon was subdued. Residents expressed little surprise at the verdict, some sighing in resignation.

+ BACKGROUND

The 2005 deaths and ensuing riots cast a harsh light on the fate of housing projects populated by France's poor, many with roots in former colonies in Africa. Over three weeks of rioting, thousands of vehicles were torched, public buildings were burned and thousands of people were arrested.

About 200 activists and others gathered Monday evening at a protest at the courthouse in Bobigny, near the boys' hometown.

"The message this verdict sends is that these two kids did not deserve help because they were black and Arab," said protester Issa Diara, of a group called Brigade Antinegrophobie, set up in the Paris area after the 2005 riots to combat fear of black people.

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B.C. creator unveils bionic lens

EYESIGHT

Implant would bring patients perfect vision: Optometrist

Imagine being able to see three times better than 20/20 vision without wearing glasses or contacts — even at age 100 or more — with the help of bionic lenses implanted in your eyes.

Dr. Garth Webb, a British Columbia-based optometrist who invented the Ocumetix Bionic Lens, says patients would have perfect vision and that driving, progressive and contact lenses would become a dim memory as the eye-care industry is transformed.

Webb says people who have the specialized lenses surgical-

ly inserted would never get cataracts because their natural lenses, which decay over time, would have been replaced.

Perfect eyesight would result “no matter how crummy your eyes are,” Webb says, adding the Bionic Lens would be an option for someone who depends on corrective lenses and is older than about 25, when the eye structures are fully developed.

“This is vision enhancement that the world has never seen before,” he says, showing a Bionic Lens, which looks like a tiny button.

“If you can just barely see the clock at 10 feet, when you get the Bionic Lens you can see the clock at 30 feet away,” says Webb. He demonstrates how a custom-made lens — that folds like a taco in a saline-filled syringe — would be placed in an eye, where it would unravel itself within 10 seconds.

He says the painless procedure, identical to cataract surgery, would take about eight minutes and a patient’s sight would be immediately corrected.

Webb, the CEO of Ocumetix Technology Corp., has spent the last eight years and about



Dr. Garth Webb holds a bionic lens at Manterra Technologies where the lens will be mass produced in Delta, B.C. DARRYL DYCK/THE CANADIAN PRESS

\$3 million researching and developing the Bionic Lens, getting international patents and securing a biomedical manufacturing facility in Delta, B.C.

His mission is fuelled by the “obsession” he’s had to free himself and others from corrective lenses since he was in

Grade 2, when he was saddled with glasses.

“At age 45 I had to struggle with reading glasses — which, like most people, I found was a great insult.”

Webb’s efforts culminated in his recent presentation of the lens to 14 top ophthalmologists

in San Diego the day before an annual gathering of the American Society of Cataract and Refractive Surgery.

Dr. Vincent DeLuise, an ophthalmologist who teaches at Yale University in New Haven, Conn., and at Weill Cornell Medical College in New York

+ DUE DATE

Two years to availability

Pending clinical trials on animals and then blind human eyes, the Bionic Lens could be available in Canada and elsewhere in about two years, depending on regulatory processes in various countries, says Dr. Garth Webb.

City, says surgeons, from Canada, the United States, Australia and the Dominican Republic, were impressed with what they heard and some will be involved in clinical trials for Webb’s “very clever” invention.

“There’s a lot of excitement about the Bionic Lens from very experienced surgeons who perhaps had some cynicism about this because they’ve seen things not work in the past. They think that this might actually work and they’re eager enough that they all wish to be on the medical advisory board to help him on his journey,” DeLuise says.

THE CANADIAN PRESS



My heroes were cowboys, and cowboys just did not wear glasses.

Dr. Garth Webb

CANADA POST

Cities keep an eye on mailboxes dispute

Canada Post and the city of Hamilton, Ont., are going to court over how much of a say local governments can have over where community mailboxes can be installed — and municipalities across Canada are watching to see who wins.

After hearing complaints over safety, privacy, litter and traffic when the mailboxes are installed, Hamilton’s city council amended a bylaw, which now requires Canada Post to

obtain a \$200 permit per site to install the mailboxes on municipal land. City staff would assess each mailbox’s location to ensure it meets city standards.

Canada Post ignored the bylaw, however, saying that under the federal Canada Post Act, it has the exclusive jurisdiction over postal services and the legal authority to install community mailboxes on municipally owned property.

THE CANADIAN PRESS

TRADE

Canada, Mexico win meat labelling fight

Canada and Mexico have defeated the United States’ meat labelling rules at the World Trade Organization, winning a final appeal that could pave the way to retaliatory sanctions.

If the U.S. wants to avoid a broader trade war, Monday’s decision means it might have to drop its insistence on special grocery-store labels that identify meat by its country of origin.

Failure to fix the meat labelling requirement could lead

to tariffs on a wide range of U.S. products, including wine, chocolate, cereal and frozen orange juice.

Proponents of labels argued that customers have the right to know where their food comes from. Canada and Mexico countered that it was actually a protectionist measure designed to keep foreign meat off the grocery shelves while offering no benefit for food safety.

THE CANADIAN PRESS

IN BRIEF

104 deaths now blamed on faulty GM car switches

The death toll from faulty ignition switches in small cars made by General Motors has reached 104. Victims’ families are being offered compensation of at least \$1 million each by attorney Kenneth Feinberg, who was hired by GM last year. In addition, GM has agreed to make offers to 191 people who were injured in crashes caused by the switches in the Chevrolet Cobalt and older-model cars. THE ASSOCIATED PRESS

Protesters try to stop work on Arctic Ocean drilling rig

Critics of oil drilling in the Arctic Ocean plan to block the gates to a seaport terminal in Seattle, where Royal Dutch Shell’s massive floating drill rig will be loaded up before heading to the waters off Alaska this summer. A few hundred protesters marched across a bridge to Terminal 5, temporarily closing the road Monday. Organizers plan to engage in civil disobedience to stop work on the rig. THE ASSOCIATED PRESS

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ROSEMARY WESTWOOD

metroview

"B.B. King is gone. But the truth in his music is still in gospel."

"Church was not only a warm spiritual experience," B.B. King once said. "It was exciting entertainment."

The legendary blues singer, who died on Thursday, grew up on gospel.

"It was where I could sit next to a pretty girl and mostly it was where the music got all over my body and made me wanna jump."

Like King, some of the world's best jazz, soul and blues singers hail from churches. They might have been the natural places to learn to sing in the heavily spiritual American south, but it's the kind of singing going on there that mattered. And its power hasn't waned.

When I lived in London, I sang in a gospel choir half-filled with non-Christians. "It's still the most moving music for me," one of them told me.

The deep rhythms seize your chest and urge your body to move. The best singers make you feel their desperation, joy, pain.

Halfway through mass during a visit to New Orleans last fall, I watched a woman take the mic and felt like I could have been hearing Whitney Houston (who also started in gospel). While some gospel singers have been propelled to fame — think Aretha Franklin, Al Green and Sam Cooke — countless other incredible voices are content

to praise God on Sunday, and leave it at that.

"There's a humility in the music," as my old gospel choir director told me. I'd add that there's authenticity. No one is faking it. The love is profound.

Gospel stands in stark contrast to the whitewashed sound of many Western churches, the watered-down folk hymn stuff my old director dubbed "lowest-common denominator" music. It tries to tell you how to feel, while gospel's swelling, tidal harmonies are the true message.

He even mused that bland music is to blame for dwindling attendance at many congregations in Canada and the U.S., while tourists pack the pews in the best gospel churches.

B.B. King is gone. But the truth in his music — human suffering, human striving — is still in the blues, and it's still in gospel.

"There's blues for anything that bothers you," King has said. "I listen to gospel music and, believe it or not, I hear the same thing. The only difference is these people are praying to God or Jesus."

If we had a little more King in church, more people, of whatever beliefs, might come — if only for that feeling of being spiritually scrubbed on the inside until you're clean.

the big question

Who gets to live on a reserve?

First Nations councils decide. Their rules may differ from federal laws governing Indian status. Quebec's Kahnawake Mohawk Territory requires anyone who partners with a non-indigenous person to move out. Amanda Deer, her non-native partner and son did just that on Sunday after protesters outside their home demanded they leave Kahnawake. "Marry out, stay out" rules have become a flashpoint since 1985, when the revised Indian Act enabled families to lose Indian status after two generations of having children with non-status people.

Small changes can make Ottawa a cycling city

YOUR RIDE

Kathryn Hunt



On May 15, a mini-cavalcade of bikes set off from city hall for a tour of some cycling routes downtown. The tour was part of the launch of the Ottawa Centre EcoDistrict's D3 Campaign, a project aimed at locating where pedestrian and cycling routes are missing connections or could be improved and made safer.

The group was led by Don Grant, executive director of the EcoDistrict, and Kate Whitfield, from Parsons, an engineering and construction company that has been involved in several urban design projects in Ottawa. They were joined by Catherine McKenney, the councillor for the ward they were touring.

At points along the way, they stopped to talk about the existing — and missing — features that could make the streets safer for bikes and pedestrians. The tour took in everything from busy "spine routes" with no bike facilities (like Gladstone), to quiet residential streets that could serve as network links, to the city's flagship bike facility, the segregated lane on Laurier Avenue. "When they built that," McKenney said of the Laurier lane, "cyclists started to realize — wait, we can do that? We can have this? And they wanted more."

But while it's easy to think that cycling infrastructure must involve big projects like Laurier, the conversation on the tour was mostly about small changes: places where paths could connect quieter streets, letting cyclists and pedestrians avoid the traffic.

McKenney noted an intersection where pedestrians have an advance crossing signal. She said if the signal were extended to cover bikes as well, it would make the intersection much less crowded. "It's not just the million-dollar projects that can make a difference," McKenney said. "Some of these fixes are really cheap and easy."

She added that improving conditions for one type of travel should be integrated with others. She imagined someone arriving downtown by light rail and walking out onto a street with a number of options for getting around: convenient buses, sidewalks, bike lanes and bike-shares.

The tours will continue through the summer. Grant said he expects 50 volunteers to help identify potential bike route connections. Along with the City of Ottawa and other

"It's not just the million-dollar projects that make a difference. Some of these fixes are cheap and easy."

Coun. Catherine McKenney

groups, the EcoDistrict hopes to pinpoint more of these "small fixes," as well as bigger projects. And that will help connect the city.

Kathryn Hunt (@k8thek8) is a writer, editor of Centre-town BUZZ, storyteller, poet, cycling blogger, rock climber, mysterious techno vixen (confirmed) and geek. Not necessarily in that order. You can read her cycling blog at theincidentalcyclist.blogspot.ca.

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Distributor buys Tom Ford's film *Nocturnal Animals* for whopping \$20 million at Cannes

Who killed Amy? We all did, says director



PHOTO ILLUSTRATION/METRO; GETTY IMAGES

CANNES FILM FESTIVAL

Documentary a reflection of the toxic nature of celebrity

Amy Winehouse was many things: artist, icon, victim of celebrity. For London-born director Asif Kapadia, she was basically the girl next door.

Kapadia, who made award-winning documentary *Senna* about Formula 1 driver Ayrton Senna, lived and worked in some of the same north London neighbourhoods as Winehouse did. Like millions of others, he also watched with horrified fascination as the singer's struggles with love, drugs and alcohol were splattered across the media in the years before her death from

alcohol poisoning in 2011.

"I very much felt, 'I can't believe this is happening down the road from where I live,'" said Kapadia, whose documentary about Winehouse, *Amy*, is playing at the Cannes Film Festival. "One of my reasons for wanting to do it was, I've finally found a subject to do about home.

"Senna was like from another planet, and Amy was from next door.

"She was so ordinary, so local, and so brilliant in the way she expressed that in her lyrics."

London was Winehouse's inspiration — for good and bad.

"I love the city," Kapadia said, sitting in a luxury hotel on the French Riviera. "I love the creativity. I love the fact you can look like what you want to look like, do what

ever the hell you want, you can be amazing. But it's got a darkness to it, and her story sort of covers those ends of the spectrum."

Compiled from archive footage, home movies and more than 100 interviews with people who knew Winehouse, *Amy* is partly a tribute to a lost talent, partly a portrait



She was so ordinary, so local, and so brilliant in the way she expressed that in her lyrics.

Amy director Asif Kapadia

of a young woman coping with depression and doubt, and partly a reflection on the toxic nature of celebrity.

The film has been acclaimed in Cannes, where it

premiered in the late-night Midnight Screenings slot — the first time Kapadia had seen the movie with an audience.

"It was very emotional," Kapadia said. "A lot of tears. Nobody moved for the last hour."

There are some dissenters amid the praise. Winehouse's

Kapadia says he did not set out to blame anyone for Winehouse's death.

"I'm not pointing the finger, I'm just saying this is really complicated," he said. "But there are issues, and there are maybe things that could have been done differently.

"It's turning the mirror on everyone, saying, we're all slightly to blame, complicit, a part of this system — this circus — that it became."

He hopes members of the family will come to see the film the way he does — as a rounded portrait of Winehouse, and a tribute to her.

"I'm hoping with a bit of hindsight that there'll be a rethinking of it. Not to take things personally but to just say, look, people love her, that's the thing. It's about her and kind of rebalancing everyone's image of her."

The film gives ample time to Winehouse's music, from the jazz sounds on her first album, *Frank*, to the soul and hip-hop influences that infused her breakthrough record, *Back to Black*.

The single *Rehab* was her biggest hit, and also something of an albatross. Winehouse was constantly asked to perform the song about how "They tried to make me go to rehab — I said no, no, no."

Kapadia said that in retrospect the song sounds like "an incredible cry for help."

"The clue is always in her songs," he said. "Two songs: *Stronger Than Me* — 'I want someone who's stronger than me' — and *Love is a Losing Game*, sum her up. If she had those two elements, then maybe there would have been some peace."

THE ASSOCIATED PRESS

INTERVIEW

TV, film and a tour ... You Jealous of Nick Jonas yet?

The 22-year-old Nick Jonas is riding high on the success of his hit singles *Jealous* and *Chains*, which have reached platinum status and dominated on radio.

He's also busy outside of music: He's filming the movie *Goat*, gearing up for Season 2 of DirecTV's *Kingdom* and will appear in the new Fox series *Scream Queens*.

And he's hitting the road with The Nick Jonas Live in Concert Tour that kicks off Sept. 6 in Hershey, Penn. Tickets go on sale Friday.

And Jonas will be in Toronto performing at the Much Music Video Awards on June 21.

He talked about his busy schedule, being compared to Justin Timberlake and reuniting with the Jonas Brothers in a recent interview.

You've drawn some comparisons to Justin Timberlake since he was also in a boy band and meshes R&B with pop sounds. What do you think of that?

It's an incredible feeling.

Justin has had an amazing career, amazing transition — as a musical artist, but also as an actor. And the acting has been a really big thing for me in the last year and a half with some projects I've become really passionate about.... So those comparisons are really flattering. Justin has done his thing and has had his own journey, and I'm sure I'll have my own as well.

Were you nervous when you decided to tackle a

more R&B sound?

I think any time you try to push yourself and push your sound and evolve is a little frightening. Just being bold and taking those steps. But I saw really quickly that the fans connected with it.

Did you play your album for your brothers before you released it?

I played the record for them about a month before it came out, wanted to kind of get their opinions on what they thought should

be singles and overall what their vibe was on it. Their opinion meant a lot to me and they both were really supportive.

Do you think you guys would reunite for a song or album?

I think our time creatively together is done. Never say never, though. I can't predict what's going to happen one day or the next.... I would say for right now I'm happy to be doing my own thing. THE ASSOCIATED PRESS



Nick Jonas has no plans for a JoBros reunion but says, "Never say never." GETTY IMAGES

HOT 100 LIST

Maxim endorses Swift's hotness

It's a good week to be Taylor Swift. Eight Billboard Music Awards, high praise for her star-studded new video, Bad Blood, fans cooing over photos of her being cuddly with adorable Scottish DJ boyfriend Calvin Harris.

And now? She's been placed at the very tippy-top of Maxim magazine's annual Hot 100 list, an honour previously held by the likes of Miley Cyrus, Bar Refaeli and Olivia Wilde.

"It's really nice and such an incredible compliment," Swift says of the title.

"This year has been my favourite year of my life so far. I got to make an album exactly the way I wanted to make it. I got to put it out exactly the way that I dreamed of putting it out. Every



Taylor Swift

one of these kinds of whims and ideas came to fruition. The videos — I'm proud of those, I'm proud of the tour, I'm proud of the way this has all happened."

NED EHRBAR/FOR METRO

ROYAL FAMILY

Don't call Harry Bridget Jones

Apparently some people have been comparing rakish royal bachelor Prince Harry to unlucky-in-love Bridget Jones due to his romantic track record, but the Prince just isn't having it.

"Bridget Jones? Where's that come from? Because I write my own diary or because I don't have a girlfriend?" he tells the Mirror. "Bridget Jones? That's sad. No, for me, it's good — I'm very happy not having a girlfriend. It's not a case of anything. I'm not, sort of, looking. It's cool." Sure, Harry,



Prince Harry

Whatever you say. Here, have some ice cream.

NED EHRBAR/FOR METRO

NICHOLAS BRENDON

Ex-Buffy star arrested

I know you're not going to believe this, but former Buffy the Vampire Slayer star Nicholas Brendon was arrested. For public intoxication. I know! This time Brendon was nabbed in

Myrtle Beach, S.C., according to E! News.

It's like he's trying to collect a mug shot from each state in the union.

NED EHRBAR/FOR METRO

GOSSIP NOTES JAY Z'S DIATRIBE

Jay Z targets YouTube, Spotify, police brutality

Jay Z didn't pull any punches during a blistering freestyle session at his recent B-Sides concert, a career retrospective streamed online to Tidal subscribers.

He took aim at a host of targets, including YouTube, Spotify and critics of Tidal, as well as police brutality and the recent Baltimore riots:

"(They) pay you a tenth

of what you supposed to get.... You know when I work I ain't your slave, right? You know I ain't shucking and jiving and high-fiving, and you know this ain't back in the day, right?" So there.

NED EHRBAR/FOR METRO



Colin Farrell happy to play single, be single



Colin Farrell with co-stars Lea Seydoux and Jessica Barden laugh as they arrive for the screening of The Lobster at Cannes

ALL PHOTOS: GETTY IMAGES

In his new sci-fi movie The Lobster, Colin Farrell plays a single man desperate to get into a committed relationship or risk being transformed into an animal. In real life, though, he's unattached — and in no rush to change his status.

"In my life I've had relationships with women that weren't in the public eye that have been pulled into the public eye as a result of the nonsense of celebrity and being close to me, and I hate that and I hated that for them," he said in an interview last week.

"And so that would be just

another thing that would lead into my reticence to being in a relationship."

Farrell is in Cannes to promote The Lobster, a film about single people who are forced to stay in a hotel until they find a mate. They have 45 days to find a partner or face being transformed into an animal and being released into the woods.

The 38-year-old actor said being in a relationship isn't all it's cracked up to be.

"I have one friend who just broke up and he's been in a relationship for six years, and

before that he was married for 15 years, and our other shared friends who are in relationships are doggedly pursuing him — 'I have this person you have to meet,'" he said.

"But I'm just like, 'Just let him (rest). And part of me goes, 'Is that misery loves company?'"

Despite being in dozens of films over the past two decades, Farrell told a press conference on Friday that he had never been to Cannes before — and he didn't exactly make the most of his inaugural visit.

"I wouldn't mind being here

a little bit longer," he said.

Farrell shot the movie, in which he stars with Rachel Weisz, in his native Ireland — a bonus for him.

"Everything about this experience was really, really particular for me," said the actor. "The writing, the cast and the experience in the location we were shooting in."

"It's one of the most beautiful parts of the world," he added.

The Lobster is competing for the Palme D'or at the festival, which ends May 24.

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THIS WEEK: **Toothpaste - What You Should Know**

Here a pec, there a cluck

GOING TOPLESS

Baring that chest could lead to the downfall of civilization

URBAN ETIQUETTE

Ellen Vanstone



Dear Ellen,
It's nearly summer, and with that comes warm weather. As temperatures inch up, every Tom, Dick, Harry and, yes, even a few Janes, seems somewhat compelled to strip off their shirt and bask in the man-made air conditioning of bare-chested bravado.

It's perfectly legal to go topless in most public places. Question is, when and where is it appropriate to put God's gifts on display?
— Holly, Toronto

Dear Holly,
Your excellent questions raises a great point about good manners, which is this: Just because



It may be legal to go topless, but that doesn't mean it's OK to flaunt your torso in public. ISTOCK

it's legal to do something does not mean it's appropriate.

Belching or farting in public, or tooting your own giant gaseous horn (so to speak) using taxpayer dollars (I'm looking at you, Pierre Poilievre) — these activities are all perfectly legal. But is this the kind of behaviour we want to encourage in the

public arena? No, it is not. Such activities are selfish, arguably unethical and just plain gross!

Not that anyone's body is any of those things. We do not disapprove of breasts of any stripe. Pert, slack, male, female, waxed, hairy, young, old — each and every one of them (and sometimes there is only one, which is

also fine) may be beautiful in its own way. I certainly didn't mind the repeated appearance in Date Night of Mark Wahlberg's bare torso, which, I'm told, was heavily covered in makeup to hide his tattoos, which meant that during breaks on set he had to keep his shirt off, which led to a lot of young ladies and a few

men finding reasons to walk by the sound stage when he stepped outside for a smoke.

But I digress.

The point of good manners is to make people around you feel comfortable, thereby creating social harmony that leads to open and honest communication toward the advancement of a peaceful civilization.

This is not jeopardized by a movie star flexing his perfect pecs in our face on a giant movie screen — because we have made a conscious choice to view him, and them.

But having someone flaunt their sweaty, hot summer torso in your face when it's the last thing you expect to see or want to look at shows a lack of proper consideration for one's fellow citizens — i.e., the kind of behaviour that leads to the downfall of civilization.

So, unless you are nursing a newborn child, or you're on one of Canada's nude beaches, or your shirt has suddenly caught fire, please keep your torso covered in the city this summer.



Need advice? Email
Ellen at scene@metronews.ca

+ LAY BARE

Nudist beaches in Canada

- **Wreck Beach, Vancouver** Long-established and hassle-free.
- **Beaconia Beach, Man.** A mix of clothed and nude visitors that may disconcert members of either group.
- **Patricia Beach, Man.** Recognized as a clothing-optional beach but discretion around local residents is advised.
- **Hanlan's Point in Toronto** Next to Wreck Beach, Canada's only other "official" clothing-optional beach.
- **Oka Park (west of Montreal)** Unofficial — but well-known — clothing-optional beach.
- **Crystal Crescent Beach, near Halifax** Not official, but sees many regular and visiting nudists.

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THE CANADIAN PRESS

INDIANAPOLIS 500

Hinchcliffe crashes, undergoes surgery

IndyCar had a crisis looming well before Canadian James Hinchcliffe was injured in another accident during preparations for the Indianapolis 500.

Three cars have gone airborne, and one of the series' most popular drivers underwent surgery Monday for an injury to his left thigh caused when an apparent suspension failure sent him hard into the Turn 2 SAFER barrier.

Hinchcliffe's car did not go air-

borne and it wasn't a Chevrolet, the automaker under scrutiny since three of its cars took flight during wrecks last week.

But his crash adds to a list including Helio Castroneves, the three-time Indy 500 winner, flipping his car last Wednesday. Josef Newgarden went airborne the next day, and on Sunday, Ed Carpenter became the third Chevrolet driver in five days to go airborne. THE ASSOCIATED PRESS



James Hinchcliffe, from Oakville, Ont., crashes on Monday in Indianapolis. JIMMY DAWSON/THE INDIANAPOLIS STAR/THE ASSOCIATED PRESS

IN BRIEF

Barcelona wins La Liga thanks to Messi winner

Barcelona clinched its 23rd Spanish league title on Sunday thanks to Lionel Messi.

The magical Argentine scored the winning goal in the 65th minute as Barcelona beat and dethroned champions Atletico Madrid 1-0 in the Spanish capital.

Messi slotted in a low shot after exchanging pass-

es with Pedro Rodriguez for his 41st league goal of the season and 54th overall. It powered Barcelona to its seventh league title in the last 11 years.

Real Madrid will finish runner-up despite Cristiano Ronaldo scoring a hat trick in a 4-1 win at Espanyol. It trails Barcelona by four points with one round left.

THE ASSOCIATED PRESS

HOCKEY WORLDS

Russians exit rudely after Canada's gold

Russia faces punishment from the International Ice Hockey Federation after its players left the ice before the victorious Canadian team's anthem was played after the world championship final.

Canada beat Russia 6-1 in Sunday's final in Prague, after which most of the Russian team opted to head for the dressing room before the trophy presentation and the playing of the Canadian anthem.

IIHF president Rene Fa-

ssel told Russian agency Tass that he had been left "rather upset" by the Russians leaving the ice and that "some sort of punishment" would be handed down.

The incident has already reached governmental level, with Sports Minister Vitaly Mutko blaming tournament organizers for opening a gate in the boards. According to Mutko, the Russian team took this as an invitation to leave.

THE ASSOCIATED PRESS

Irving feeling fitter for Atlanta contest

NBA

All-Star guard not 100% but should feature against Hawks

Kyrie Irving finished an animated post-practice shooting game of "Around The World" with LeBron James and then quickly removed any doubt about his playing status for Game 1. "I'm going to go," he said.

Cleveland's All-Star guard may not be 100 per cent — or anywhere close — but he's much better and that's welcome news to the Cavs, who will open the Eastern Conference finals on Wednesday in Atlanta.

Irving has been bothered by a sore right foot since Game 2 of the opening round against Boston, and he sat out the final half of the Cavs' series-clinching win over Chicago last week with tendinitis in his left knee. But a weekend of rest and rehab allowed Irving to make it through a full practice on Monday, lifting his spirits and improving the Cavs' chances against the East's top seed, the Hawks.

Irving said he has come a long way from the way he felt Thursday night while sitting on the bench in United Center.

"Just being able to actually feel both my feet underneath me, especially when I'm shooting, it feels amazing," said Irving, who was limited to 12 minutes in Game 6. "I don't want to be on the sideline at all, especially preparing for a big stage like this."

Irving's improved health seemed to have an immediate impact with James who was very upbeat when he spoke to reporters. "He feels better," James said. "Obviously the days have helped him. You know, we really don't know until we get out there on Wednesday. The good thing is he's positive, he's feeling better, and that's positive for our team."

Irving's injuries threatened



Cavs' All-Star guard Kyrie Irving should play a part against the Atlanta Hawks. NAM Y. HUH/THE ASSOCIATED PRESS

Obviously the days have helped him. You know, we really don't know until we get out there on Wednesday. The good thing is he's positive, he's feeling better, and that's positive for our team

LeBron James

to derail the Cavs before they even took the floor against the Hawks, a balanced squad with quick guards and numerous offensive weapons. The Cavs are already without forward Kevin Love (shoulder surgery) and can't afford to be without another of top player.

Still, there's no way of knowing how effective Irving will be

until he's on the court trying to drive past Hawks forward Paul Millsap or guarding fellow All-Star Jeff Teague or his backup, Dennis Schroder.

"Both can break you down on the dribble," Cavs coach David Blatt said. "Both can push the ball. Both can get to the rim and create for not only themselves, but for others. They are

a handful. Two excellent guards who can play together. That presents another whole set of problems."

Blatt got a little defensive when pushed about Irving's status.

"Look, today is Monday," he said. "I told you a few days ago that I expect he'll play. It's just good to see that he's making some progress. He's not there 100 per cent yet, but he's making progress and that's a very good sign. I'm hopeful."

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Go to metronews.ca for coverage of Monday's Western Conference final opener between the Houston Rockets and Warriors in Oakland.

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Ingredients

- 8 oz skinless boneless chicken breast (about 2 breasts)
- 2 tsp vegetable oil
- 1 cup chopped onion
- 2 tsp crushed fresh garlic
- ¼ cup pesto sauce (homemade or store-bought)
- ½ cup grated part-skim mozzarella cheese
- 4 large whole wheat flour tortillas (or any flavour you prefer)

Directions

1. Spray a non-stick skillet or grill pan with cooking oil and place over medium-high heat. Sauté the chicken just until cooked, about 6

minutes per side. Set aside. Wipe out the skillet and respray.

2. Heat the oil in a skillet over medium-high heat. Sauté the onion and garlic for 5 minutes, or until the onions are tender and browned. Stir in the pesto and cheese. Dice the chicken and add to the skillet.

3. Divide the mixture among the tortillas, placing it on half of each tortilla. Fold the other half overtop. Heat on a grill pan or in a large skillet for 2 minutes on each side. Cut each tortilla into 3 wedges, making 12 wedges in total.

Nutrition per serving (recipe serves 6)

- Calories 203
- Protein 15 g
- Carbohydrates 16 g
- Fibre 2.1 g
- Total fat 8.7 g

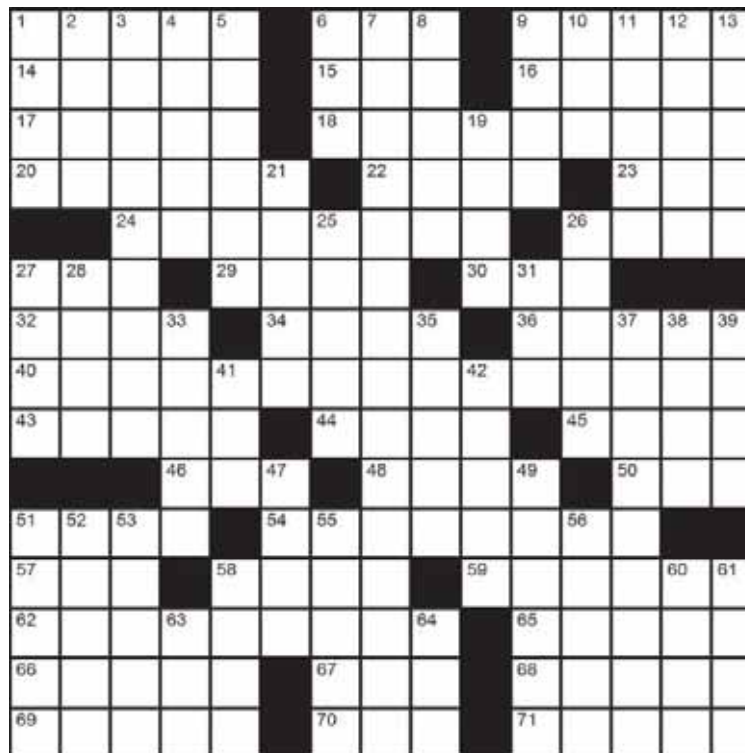
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Up to now: 2 wds.
- Initials-sharers of a bartender-portraying "Cheers" actor
- Did modeling work
- Dean Martin's "That's _"
- Religious bench
- Other: French
- "Too-Ra-_-_- Loo-Ral (That's an Irish Lullaby)"
- _ Avenue (Location of the Cadbury Adams chocolate factory in Toronto)
- Cirque du _
- "Take _ _ face value."
- Limo passenger, e.g.
- What ee-laaastic is
- Views
- Wilt
- "Away!"
- "Plush" rock gr.
- Some are inflated
- Date with a doctor, briefly
- Sprays
- Kimye or Brangelina: 2 wds.
- Swamp plant
- Mackerel variety
- Cost
- "Bird _ _ Wire" (1990)
- Tomato variety
- Sports official, commonly
- Sales jobs, commonly
- _ Provincial Park, in Manitoba
- The Original _ Corporation (Canadian company that makes



hitting-the-ball implements in baseball)
57. Bleak House girl
58. Cab
59. Country songstress Ms. Yearwood
62. _ Provincial Park, in Manitoba
65. Eugene O'Neill's daughter's name-

sakes
66. Between harbours: 2 wds.
67. Tic-Tac-Toe win
68. _ Bay, British Columbia
69. Our opposite
70. Climber's li'l conquests
71. "Same here."

DOWN

- Mr. Mineo's
- 1847 Herman Melville story
- Album for Canadian singer Jill Barber; or, Pyrite: 2 wds.
- Montreal stop sign word
- Broadcasts again

- NHL Jets city, for short
- Type of Canadian Coast Guard gig: 2 wds.
- Mowed tract of lawn
- Former
- Away
- Cook's need

- "Sesame Street" character
- The Men of the _ (Cape Breton choir)
- Week parts
- Operetta composer, Franz _ (b.1870 - d.1948)
- Subject
- Teapot spot
- Tick-tick tickers
- James _ (Pulitzer-winning writer)
- Howe'er
- Kinds of lilies
- Innsbruck's locale in Austria
- Rogers specialty channel for baseball, hockey, football, etc. fans
- Addition _ (Canadian plus-size clothing chain)
- _ -made millionaire
- Mr. Affleck
- Bathroom cleanser
- Nursemaid
- Overseas
- Morocco's capital
- Meathead's mother-in-law
- Dissect
- Self-evident truth
- Garlic sauce
- Bygone sovereign
- Actress, Melissa Joan _
- Regarding: 2 wds.
- Agnus _ (Lamb of God)
- _ Angeles

★ IT'S ALL IN THE STARS by Sally Brompton

♈ **Aries** March 21 - April 20
It does not matter how simple the questions you ask of colleagues and employers today, it's unlikely you will get a simple answer. That does not necessarily mean they are trying to deceive you but you must be on your guard, just in case.

♉ **Taurus** April 21 - May 21
You will find it easy to be assertive over the next few days and that's good because you need to push your own interests more forcefully. But don't waste time trying to convert people to your point of view.

♊ **Gemini** May 22 - June 21
You may feel as if you have lost your way a bit of late but there is no need to change direction. From Wednesday onwards things will start to look a bit clearer.

♋ **Cancer** June 22 - July 23
Make the most of Venus in your birth sign to remind those you care for that whatever they do is all right by you. Let them know too that you intend to make them feel good about themselves, about you and about life in general.

♌ **Leo** July 24 - Aug. 23
There is an art to relaxation and it is an art you will need to master over the next few days. There may be a dozen things you would like to be doing now but there is only one thing you must do — be kind to yourself.

♍ **Virgo** Aug. 24 - Sept. 23
You may feel sorry for people who have lost their way but you aren't responsible for their troubles. There's some things that you can influence directly. Identify what they are.

♎ **Libra** Sept. 24 - Oct. 23
Let others know what is on your mind by all means but don't say it in a way that might antagonize those you live and work with. Sometimes it is better to approach the truth from an angle.

♏ **Scorpio** Oct. 24 - Nov. 22
If you get the chance to travel today you should take it, because later in the week your movements are likely to be restricted. You don't need an excuse to wander around a new neighborhood.

♐ **Sagittarius** Nov. 23 - Dec. 21
Do you have the confidence and the know-how to step in and take control of a difficult situation? If so, by all means get involved. If not, stand back and let someone else take the leadership role. It does not have to be you every time.

♑ **Capricorn** Dec. 22 - Jan. 20
Venus in the partnership area of your chart urges you to let loved ones know exactly how you feel about them — and yes, your feelings are warm and deep. It never hurts to spell it out.

♒ **Aquarius** Jan. 21 - Feb. 19
Take it slow and easy as the new week begins. Things will generally go well for you but they will go even better if you make it a priority to patch up your differences with someone you work with.

♓ **Pisces** Feb. 20 - March 20
You seem to be in a friendly and forgiving mood at the moment, which is good, but there is a danger you could get friendly with someone you need to be wary of.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★

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